

For members only

Rotary  
District 3262



UNITE  
FOR  
GOOD



# Weekly Bulletin

RY 2025-26



## Rotary Club of Cuttack

Club Id. 16012 ★ Charter Dt. 04-12-1945  
Regd. No. 15794/630 of 1979/80, Odisha, India

*R.I. President*  
**Francesco Arezzo**

*District Governor*  
**Manoj Kumar Tripathy**

*Club President*  
**Sujata Priyadarshini**

*Club Secretary*  
**Dr. Tasneem Dodia**

*Editor*  
**Atoshi Karmakar**

# BARABATI

*Today's Programme-  
"Mental wellness of senior citizens"*

**EDITORIAL**

The Bhagavad Gita reminds us that while human beings may appear to function like machines, true guidance comes from inner wisdom and higher values. In today's rapidly changing world, Artificial Intelligence reflects this idea in a modern form – machines created through human knowledge are increasingly supporting daily life.

For senior citizens, AI offers many benefits. Smart devices can monitor health, remind them to take medicines, detect falls, and help them stay connected with family and friends. These technologies can promote safety, independence, and confidence among older adults, improving their overall quality of life.

However, technology must always remain a support system, not a substitute for human care. Emotional connection, respect, and personal attention are essential for the well-being of senior citizens. When guided by compassion and responsibility, Artificial Intelligence can become a valuable partner in creating a safer and more comfortable life for the elderly.

**Editor**

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**OUR SPEAKER**



Dr. Arpita Priyadarshini is an Associate Professor in the Department of Physiology at S.C.B. Medical College, Cuttack. She completed her MBBS from S.C.B. Medical College in 1993 and earned her MD in Physiology.

She is a sleep disorder specialist and a Fellow of the American Academy of Sleep Medicine (2009). With extensive experience in medical teaching and clinical practice, she is dedicated to promoting awareness about sleep health and lifestyle-related disorders.

In Rotary, she has served with distinction as Past Assistant Governor and Past President, contributing actively to service projects, community health awareness, and professional excellence. She believes in integrating modern medicine with Yoga and holistic wellness practices for the betterment of society.

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**Weekly Meeting Report**  
**Meeting No.: 3824**  
**Date: 3<sup>rd</sup> February 2026**  
**Venue: Cuttack Club Annex-1**

The Weekly Meeting No. 3824 of the Rotary Club of Cuttack was called to order by the President, Rtn. Sujata Priyadarshini, at 6:30 PM.

The meeting commenced with the National Anthem, followed by one minute of silence observed for world peace and better understanding.

The Club further observed one minute of silence to mourn the sad demise of the father of Rtn. Atoshi Karmakar.

Minutes of the previous meeting were read and confirmed.

Fellowship announcements were made by Rtn. Prakash Ch. Taunk.

Secretary's Report was presented.

Sharing Experiences of the District Conference

The following members shared their valuable experiences:

- PP Rtn. Sushant Mohanty
- PP Rtn. Ranjit Mishra
- Rtn. Chaitanya Behera
- Rtn. Balakrishna (P.E.)
- PP Rtn. Achutanand Routray
- Rtn. Prakash Ch. Taunk
- PP Rtn. Debashis Panda
- Rtn. Dr. Swati Mullick
- PP Rtn. Partha Sarathi Chatterjee
- Rtn K.K.P Subudhi

The session was informative and enriching, reflecting diverse insights and learning from the District Conference.

**Conclusion**

The meeting concluded with the President's experience sharing, followed by the Vote of Thanks proposed by Rtn. Dr. Sachidananda Satapathy.

Statistics were presented by V.P. Rtn. K. K. P. Subudhi. The meeting adjourned on a cordial note with fellowship.

**Rtn. TASNEEM DODIA**  
**Secretary**

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**CONGRATULATIONS**



On 7<sup>th</sup> February, Honorary Rtn. Er. Gopal Krushna Behera received “Excellent Accomplishment” award from ICI Bhubaneswar-UltraTech Award 2025 for his outstanding contribution to bridge constructions.



On 7<sup>th</sup> February, Rtn. Arch. Rajkunwar Nayak received

“Eminent Architect (Female) 2025” award from ICI Bhubaneswar-UltraTech Award 2025 for her outstanding contribution to concrete constructions.



On 9<sup>th</sup> February, Miss Suvra Pattanaik daughter of PP Rtn. Shatna Brata Pattanaik & Banajyotsna received the ‘Certificate of Merit’ for her MBA (Agriculture Management) from college of Agriculture, Hyderabad.

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On 4<sup>th</sup> February, member of Rotary Club of Cuttack visited Parivartan Rehabilitation Centre. They spend some time with the children and donated grocery for one month.

**THEY HAVE CELEBRATED AND WE HAVE GREETED**

**BIRTHDAYS**

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- 7<sup>th</sup> February Rtn. Dr. Nirupama Chayani
- 8<sup>th</sup> February Sushant Kumar Moharana
- 9<sup>th</sup> February Rtn. Dilip Kumar Mishra
- 9<sup>th</sup> February Rtn. Suryakant Dasmohapatra

**MARRIAGE ANNIVERSARY**

- 4<sup>th</sup> February Rtn. Dilip Kumar Mishra & Ann Prashanti
- 5<sup>th</sup> February PP Rtn. Pawan Agarwal & Ann Rekha

**BARABATI** felicitates the members who have celebrated their birthdays.

February stands for Peace Building and Conflict Prevention Month.

**Last Weekly Meeting**



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LIST OF CITIES WAITING TO WELCOME YOU ALL

-  **2026** | Taipei, Taiwan  
(June 13–17)
-  **2027** | Dubai, UAE  
(June 5–9)
-  **2028** | Minneapolis, Minnesota, USA  
(May 27–31)
-  **2029** | Singapore *(Tentatively Selected)*  
(May 25–29)
-  **2030** | Chicago, Illinois, USA  
(May 25–29)
-  **2031** | Dublin, Great Britain & Ireland

**Rush today to secure your booking to  
Taipei, Taiwan – 2026**